Ebola

Information for travellers flying to the DR of the Congo, Uganda, or other countries with reported cases.

For more information:
sanidad.gob.es

GOBIERNO DE ESPAÑA · MINISTERIO DE SANIDAD

WHILE TRAVELLING

Avoid direct contact with:

- Infected people, whether alive or deceased.
- Bats and other wild animals, whether alive or dead.
- Clothing or bedding used by sick people.
- Bushmeat or meat from wild animals.
- Other people's sexual fluids. Use protection.

AFTER YOUR RETURN

- Do not bring dead animals, meat, or other food products in your luggage.
- If you develop symptoms that may be related to Ebola (fever above 37.7°C, muscle pain, joint pain, headache or sore throat, weakness or fatigue, vomiting, diarrhoea, skin rash, or bleeding), stay at home and call 112.

MINISTERIO DE SANIDAD. NIPO papel: 133-26-082-8. NIPO en línea: 133-26-084-9. Depósito legal: M-15473-2026. https://viajarmr.gob.es

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AFTER YOUR RETURN

Call 112 if you develop any of the following symptoms within 21 days of your return:

- Fever above 37.7°C
- Skin rash.
- Weakness and fatigue.
- Muscle pain, joint pain, headache, or sore throat
- Loss of appetite, vomiting, or diarrhoea
- Internal or external bleeding

And remember

- If you are carrying dead animals or food products in your luggage, inform the competent authorities.

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